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**PROTEST CONTINUES
OCCUPIERS NOT GOING
ANYWHERE IN
HALIFAX** {page 5}



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COOPER GOING
TO GREAT LENGTHS
TO WOO J.LO

{page 19}



HALIFAX

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Monday, October 24, 2011
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News worth sharing.

NBL.

► Halifax Rainmen point guard Christian Upshaw and Summerside Storm shooting guard Justin Garris fall to the floor as they battle for the ball during the third quarter of yesterday's National Basketball League of Canada exhibition game at the Metro Centre. The Rainmen won the game 93-77 to improve to 2-0 this pre-season. Story, page 24.



RYAN TAPLIN/METRO

Rainmen unbeaten in exhibition play

Chaos after earthquake in Turkey

Death toll may hit 1,000 as rescuers sift through rubble {page 8}

Libyan liberation declared

Transitional leader lays out plans for post-Gadhafi future {page 10}

Tunisia holds first free vote

Fledgling democracy in works nine months after end of dictatorship {page 12}

Survivors pay respects

► Kootenay fire worst peacetime accident in navy's history ► Many Kootenay sailors were in Halifax to participate in memorial

Alex Boyles' square rig fits a little differently than when he wore the classic sailor's uniform 42 years ago, but the memories are still fresh.

It takes only a second for his eyes to tear up when he's asked to remember what happened on board the HMCS Kootenay on Oct. 23, 1969.

He was on watch that morning when the Kootenay, along with several other ships, was sailing out of the English Channel. At 8:21 a.m. a gearbox exploded, sending a fireball through the engine room and passageway.

Nine sailors were killed and 55 were seriously injured.

"We went down, felt around because you couldn't see, felt the collar (of a sailor), lifted, and went out 10 feet to the open air to lay them down and make sure they were breathing," he said.

Boyles said he couldn't remember how many times he went back

into the black smoke to pull out comrades.

At 42 years to the minute, former Kootenay sailors and their families stood in front of the HMCS Bonaventure anchor in Point Pleasant

Park for a memorial ceremony.

Rear Admiral David Gardam, Commander Maritime Forces Atlantic, said the navy didn't handle the disaster very well, as families were kept in the dark and many of them found out about their loved ones through the media.

Back then, sailors' bodies weren't repatriated, and only one sailor, who died in the days following the fire, was laid to rest in a Halifax cemetery.

Gardam presented a certificate of appreciation to the crew and said it will hang in the Damage Control Training Facility Kootenay at CFB Halifax. ● JENNIFER TAPLIN

More coverage {page 3}

ANDREW VAUGHAN/THE CANADIAN PRESS



► Alex Boyles



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▶ Jefflin Beals

Warning over murder suspect

Police say a man described as armed and dangerous is believed to be headed to the Halifax area.

Darnell St. Clair Wright — also known as Darnell Grant — is wanted for first-degree murder in Toronto.

The 22-year-old is accused of fatally shooting Jefflin Beals of Dartmouth on Oct. 2.

The shooting happened near the corner of Queen and Ossington streets in downtown Toronto.

Wright is described as brown, five-foot-10 and 180 pounds, with black hair and a number of tattoos on his neck.

The suspect is believed to be driving a grey, 2012 Hyundai Sonata with Ontario licence plate BMDZ 171. **THE CANADIAN PRESS**

Kirwan search continues

Police say more tips have been coming in since a surveillance video was released Friday that shows missing teen Amber Kirwan leaving Dooly's in New Glasgow two weeks ago.

She has not been seen since that night on Oct. 9.

New Glasgow Police were doing door-to-door canvasses over the weekend as they continued their investigation into the missing 19-year-old.

NEW GLASGOW NEWS

Kootenay was always in captain's thoughts: Son

▶ After disaster, six Kootenay sailors awarded Medals of Bravery and Stars of Courage ▶ Former Kootenay crew members visit Halifax cemetery where one of their former comrades is buried



ANDREW VAUGHAN/THE CANADIAN PRESS

▶ Former crew members, family and friends attend a remembrance ceremony for HMCS Kootenay at the Canadian Peacetime Sailors Memorial in Halifax yesterday.



JENNIFER TAPLIN
@METRONEWS.CA

HMCS Kootenay's captain didn't talk about the fire much, but it was in his thoughts until the day he died.

Cmdr. Neil Norton died last year, and his ashes were scattered in the Halifax Harbour by his family and former crewmates on Friday, as tugboats pulled the HMCS Sackville to waters around George's Island.

"It was simple and the way he would have wanted it," said son Derek Norton.

"The events of the Kootenay are tragic and they are ingrained in every sailor's mind today."

REAR ADMIRAL DAVID GARDAM, COMMANDER MARITIME FORCES ATLANTIC

The fire that roared through the engine room on October 23, 1969, was traumatic for everyone on board, including Kootenay's captain. Nine sailors died and over 50 were seriously hurt.

But Neil was always proud of his crew and the courage they showed that day.

"A less professional crew could have easily finished

the day in life rafts," Neil said a few days after the tragedy.

Derek said Neil didn't speak about it much in the years after.

"It was in his thoughts until the day he died but it was his deal. He was a pragmatist and didn't want to foist it off onto the rest of us," said Derek, who lives in Vancouver. "I don't think you ever lose people and

stop thinking about it."

At a ceremony in Point Pleasant Park yesterday, Joe Homer, a doctor who treated many of the injured Kootenay sailors, called the survivors living legends.

"Certainly that day in 1969 you struggled, you were tested hard and you suffered. But I should remind you, you should be very proud of what you accomplished that day," he told the crowd.

"Because of you we have safer ships today, and that I believe is your enduring legacy from this remarkable story."

1

news


A victim of sexual abuse at the hands of a minor hockey coach rebuilds his life. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Botulism is thought to be the killer of some 6,000 dead birds along the shores of Georgian Bay in Ontario. Video at metronews.ca/video



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End the freeze on biosolids: Consultant

► Recommendations in report include establishing test plots in HRM and a public education program



JENNIFER TAPLIN
@METRONEWS.CA

Get a comfy seat if you're watching Halifax regional council tomorrow. The biosolids debate is back.

A consultant hired by Halifax Water recently investigated the process of turning human waste into fertilizer and prepared a report. Hydromantis Environmental Software Solutions Inc. recommends HRM end the moratorium on using the fertilizer on municipal property and continue with the technology operated by N-Viro.

Hydromantis tested the product and reported that, besides selenium, N-Viro's fertilizer doesn't exceed guidelines.

"Halifax Water should initiate efforts to reduce levels of selenium ... through monitoring, an ag-

Concerns



► Ellen Page

Last winter, several HRM councillors, local actress Ellen Page and restaurant owner Lil MacPherson, expressed concern that metals and pathogens would make it into the soil through this fertilizer.

gressive sewer use control program, and public outreach and education programs," the report says.

One of the larger recommendations from Hydromantis is to establish a public-education program

regarding biosolids fertilizer. The consultant suggested offering facility tours, downtown exhibitions, and expert speakers to sway public opinion on the safety and effectiveness of the product.

HRM staff says Halifax Water and N-Viro would partner with the municipality on this outreach program.

"At this point, staff expects the cost would not exceed \$20,000 per year," the staff report says.

If N-Viro can't successfully market and sell the product, staff say it would mean the HRM would need to change technology, and apply for new approval from the Department of Environment.

"That scenario poses a very large variety and range of scale of financial and legal risks to municipality," the report says.

Smiling. Jack-o'-lantern



► Judges look over the entries in the Pumpkin Crazy pumpkin festival at the Halifax Seaport Farmers Market yesterday.

RYAN TAPLIN/METRO

Haligonians show off carving skills

HRM seeks OK on bus contract

Municipal staff will ask Halifax regional council to rubber-stamp a contract for nine new buses for a new route out to the airport and Fall River.

It will cost \$3.7 million for nine 12-metre buses from Nova Bus. Originally, the Halifax International Airport Authority kicked in \$500,000. It recently added another \$50,000 for

the project.

The municipality hopes to have the new route up and running by May. It will operate seven days a week from 6 a.m. to midnight. It will run every half hour in peak times or else every 60 minutes. The buses will have overhead baggage racks and front-mounted bicycle racks.

Council will also consid-

er purchasing six more buses in the second year of the contract for \$2.5 million to expand the MetroX service.

Earlier this month council approved the construction of a rural express park-and-ride on Perin Drive. Construction should be finished by May, just in time for the new route.

● JENNIFER TAPLIN

Guns, drugs seized by cops

A drug bust in the Halifax area has led to the arrests of seven people.

Police conducted a search Thursday of an apartment on Spencer Road in Spryfield.

Officers seized cocaine, crack cocaine, a replica handgun, a starter pistol

and cash.

The suspects — five men and two women ranging in age from 18 to 26 — were arrested without incident.

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RYAN TAPLIN/METRO


► Liberal Leader Stephen McNeil is shown in this file photo from January.

Controversial cash moved off Grits' books

► Stephen McNeil says Liberals have had to live with suggestion of tainted funds for years

The Nova Scotia Liberal Party is divesting itself of controversial funds linked to decades-old political kickbacks and frozen by provincial legislation two years ago.

Party President John Gillis told the party's annual convention on Saturday the almost \$2.3 million will be used to create an independent, public-policy institute named after former deputy prime minister Allan J. MacEachen.

"We are finished with this money. It's being moved off our books and away from the party," said

Gillis.

"I think it will end once and for all any questions about where it came from and what its meaning was."

The NDP government brought in changes to political party financing in 2009 that banned the use of money or assets held in trust for any political purpose.

Although some Liberal party members argue there was never any taint to the money it has long been tied to kickbacks the party received from liquor companies while in government during the 1970s.

Gillis admitted questions about the controversial fund have been a distraction.

"I think some of it was attempts by our opponents to make it a big issue but the reality is it's not an issue any more," he said.

Party leader Stephen McNeil said it was the right call, a position he made clear two years ago during legislative debate on political financing.

"I said this money needed to move on and I'm very pleased that the party has responded in the way it has." **THE CANADIAN PRESS**

BEREAVEMENT

N.S. aims to ease funerals

The province is proposing changes it says would allow families to make funeral arrangements for a loved one more quickly.

As it stands, only doctors and medical examiners are allowed to sign medical certificates of

death.

Funeral directors cannot remove a body until the certificate is signed.

But the government says that can cause hardship for families in remote and rural areas, long-term residential facilities and when deaths occur at home. Under a proposed amendment to the Vital Statistics Act, nurse practitioners and other authorized people would be able to sign the death certificate in certain circumstances.

THE CANADIAN PRESS

Weigh in on settling first contracts

The Nova Scotia government says it is looking at ways of settling first contracts in unionized workplaces. The Labour Department has posted a discussion paper on its website asking for public input by Nov. 4. The committee says it's looking at ways of avoiding costly strikes or lockouts.

THE CANADIAN PRESS

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Drivers arrested in toddler hit-and-run

Two drivers suspected of running over a little girl in Foshan, southern China, are under arrest, newspapers reported yesterday.

Wang Yue, 2, was struck by two vans Oct. 13 on a busy market street as passersby walked or cycled past her. She died of brain and organ failure on Friday.

The Beijing News and other outlets say Foshan police identified the vehicles from security camera footage and ordered the



THE ASSOCIATED PRESS
► Wang Yue died in hospital on Friday.

two men arrested.

Reports did not say what the men are being charged with.

THE ASSOCIATED PRESS

Search on for downed satellite

A defunct German ROSAT satellite crashed into the Earth somewhere in Southeast Asia yesterday,

but scientists are still not sure where.

There have been no reports of satellite debris coming down over a populated area. U.S. military data suggest it could have crashed east of Sri Lanka, or off the coast of Myanmar or as far inland as China. THE ASSOCIATED PRESS

Panic grips Turkey after powerful earthquake

► More than 130 people killed and 350 injured, Turkish PM says ► Death toll could reach 1,000 due to flimsy housing and size of quake: Officials

Cries of fear and horror filled the air as a 7.2-magnitude earthquake struck eastern Turkey, killing at least 138 people as buildings pancaked and crumpled into rubble. The death toll was expected to rise as rescuers sifted through the ruins and reached outlying villages.

Tens of thousands fled into the streets screaming and trying to reach relatives on cellphones. As the full extent of the damage became clear, survivors dug in with shovels and even their bare hands, trying to rescue the trapped and the injured.

"There are many people under the rubble," Veysel Keser, the mayor of the dis-



► Residents of the city of Van help dig survivors out from the rubble yesterday after an earthquake hit eastern Turkey.

trict of Celebibag, told NTV. "People are in agony. We can hear their screams for help."

Celebibag is near the hardest-hit area: Ercis, an eastern city of 75,000 close to the Iranian border and

on one of Turkey's most earthquake-prone zones. Up to 80 buildings collapsed in Ercis, the Turkish Red Crescent said. About 90 kilometres south, 10 buildings collapsed in the hardest-hit city of Van.

Residents, without heat or electricity, prepared to spend the night outdoors while the Red Crescent began setting up tents in a stadium. Rescue efforts continued through the night. THE ASSOCIATED PRESS

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**Metro
Interview.**

► Juan Manuel Santos, president of the Republic of Colombia.

► Colombian president Juan Manuel Santos speaks to Metro on his country's efforts in the war on drugs ► He points to drug legalization as a means of stopping violence

COLOMBIAN PREZ: LEGALIZE POT

MICHAEL NAGLE/GETTY IMAGES FILE



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METRO WORLD NEWS IN BOGOTÁ

One of the most prominent fighters in the war on drugs is calling for the world to get tougher. President of Colombia Juan Manuel Santos wants world leaders to take a much stronger, more co-ordinated approach in dealing with trafficking narcotics and the use of hard drugs such as cocaine and heroin. In an exclusive one-on-one interview with Metro, Santos says legalizing softer drugs, such as cannabis, could be a way forward, if done globally.

"The world needs to discuss new approaches," Santos says. "We are basically still thinking within the same framework as we have done for the last 40 years."

Colombia's war on drug cartels has made huge progress over the past 20 years. The killing of notorious drug baron Pablo Escobar in 1993 and then the

arrest and conviction in 2006 of the Rodríguez Orejuela brothers, founders of the Cali Cartel, did much to dismantle the powerful cartels — and spark the decline of drug-related violence that had plagued the country. Santos hopes that the world, too, can build on this success story.

Do you think legalizing softer drugs could be a way forward?

Yes, that could be an answer, provided everyone does it at the same time.

But somebody has to take the first steps?

Yes, and it won't be me.

Why?

Because, for Colombia, this is a matter of national security. Drug trafficking is what finances the violence and the irregular groups in our country. I would be crucified if I took the first step.

How is this different in other countries?

In other countries (Europe and the U.S.), this is mainly a health issue and a crime issue. We need to look at all components, one of them being targeting the assets in this business. But we need to do so on a global level.

What do you think we're doing wrong?

We must discuss a new approach, looking at all the components: The profit and the crime that follows drug-trafficking, the fight against money laundering, trade with arms and so on.

'On a great path'

Santos on why they are smiling in Latin America:

► "We have something that the U.S. and Europe don't have: A young population and a lot of optimism.... The latest poll in Colombia from Thursday (last week) shows that 79 per cent of our population believes that we are on a great path."

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News in brief

Canadian in Saudi jail asks for feds' help



AWAITING RETRIAL. A Montreal man who has spent nearly five years inside a Saudi Arabian

prison is said to be deteriorating and pleading for help from Canadian authorities to secure his freedom.

Mohamed Kohail (shown above) has been imprisoned on a murder charge since 2007 and was sentenced to beheading by sword before Saudi Arabia's Supreme Court overturned the death sentence in 2010.

THE CANADIAN PRESS

Floods threaten Thai capital

BANGKOK. The governor of Bangkok issued a dramatic late-night warning yesterday to residents of the Thai capital to prepare for floodwaters to roll deeper into the city from suburban areas already choking under the deluge.

THE ASSOCIATED PRESS

Satellite falls — but where?

DEFUNCT. A German research satellite crashed somewhere in Southeast Asia yesterday, a U.S. scientist said — but no one is still quite sure where. Jonathan McDowell of the Harvard-Smithsonian Center for Astrophysics in Cambridge, Mass., said two Chinese cities with millions of inhabitants each had been in the satellite's projected path during its re-entry time.

THE ASSOCIATED PRESS

Libyans must avoid hatred, leader says

Some say nation's liberation marred by circumstances of Gadhafi's death Transitional leader invokes Islam

Libya's interim rulers declared the country liberated yesterday after an eight-month civil war, launching the oil-rich nation on what is meant to be a two-year transition to democracy. But they laid out plans with an Islamist tone that could rattle their Western backers.

The joyful ceremony formally marking the end of Moammar Gadhafi's 42-year tyranny was also clouded by mounting pressure from the leaders of the NATO campaign that helped secure victory to investigate whether Gadhafi, dragged wounded but alive out of a drainage ditch last week, was then executed by his captors.

The circumstances of Gadhafi's death remain unclear. In separate accounts late yesterday, two Libyan fighters said Gadhafi was hurt after being captured, but was able to stand. One said that when he and others placed Gadhafi in an ambulance, the former Libyan leader had not yet suffered what Libya's chief pathologist said was a fatal gunshot to the head.

Critics said the gruesome spectacle of his blood-streaked body laid out as a trophy for a third day of public viewing in a commercial freezer tests the new leadership's commitment to the rule of law.

Britain's defence secre-

tary, Philip Hammond, said the Libyan revolutionaries' image had been "a little bit stained" by Gadhafi's violent death. Both he and U.S. Secretary of State Hillary Rodham Clinton said a full investigation is necessary.

Gadhafi's capture and the fall of his hometown of Sirte, the last loyalist stronghold, set the stage for the long-awaited declaration of liberation, delivered by the head of the National Transitional Council, Mustafa Abdul-Jalil.

He did not mention the circumstances surrounding Gadhafi's death. But he urged his people to avoid hatred. THE ASSOCIATED PRESS



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Top 5: October 21st

- 5 Maroon 5 - Moves Like Jagger
- 4 LMFAO - Sexy and I Know It
- 3 Anjulie - Brand New Chick
- 2 Bad Meets Evil ft Bruno Mars - Lighters
- 1 Adele - Someone Like You

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Tessa counts down
the HOTTEST 5
songs that day!



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FRANCOIS MORI/THE ASSOCIATED PRESS

► Libyans celebrate at Saha Kish Square in Benghazi, Libya, yesterday.

'New era of promise' for Libya, Obama says

President Barack Obama hailed the declaration of freedom in Libya yesterday, saying "a new era of promise" is underway in the African nation. He also urged its new leaders to turn their attention to the political transition ahead.

In a statement issued by the White House, Obama congratulated the Libyan people and said, "After four decades of brutal dictatorship and eight months of

deadly conflict, the Libyan people can now celebrate their freedom and the beginning of a new era of promise."

Obama said the U.S. looks forward to working with officials as they prepare for free and fair elections.

Secretary of State Hillary Rodham Clinton said she supported calls for an investigation into Gadhafi's death. **THE ASSOCIATED PRESS**

'Now it's over'

► An autopsy completed in Misrata yesterday showed that Gadhafi was killed by a shot to the head, said Libya's chief pathologist. Dr. Othman al-Zintani would not disclose further details or elaborate on Gadhafi's final moments, saying he would first deliver a full report to the attorney general.

► Most Libyans weren't

concerned about the circumstances of the hated leader's death, but rather were relieved the country's ruler of 42 years was gone, clearing the way for a new beginning.

► "If he (Gadhafi) was taken to court, this would create more chaos, and would encourage his supporters," said Salah Zlitni, 31, who owns a pizza parlour in downtown Tripoli. "Now it's over."



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Tunisians flock to polls

► Country holds its first elections since the Arab Spring ► Islamist party favoured ► Complete results are expected today at the earliest

The people who started the Arab Spring shared one of its earliest fruits yesterday: A free election. Tunisians who brought down a dictator nine months ago waited for hours to select those who will help shape their fledgling democracy.

"The old elections were fraudulent and this one is for our children and grandchildren, so that even if I soon die, I will be happy

and content," said Tayyib Awish, resplendent in a crisp white robe and skull cap at a crowded school-cum-polling station in the working class suburb of Hay al-Tadammon near Tunis, the capital.

The spry 83-year-old voted many times for Tunisia's first two presidents in contests whose results were always known ahead of time, but this time was different.

"This is a celebration," he said, gesturing with a finger stained blue by polling station ink.

Women with headscarves and without, former political prisoners and young people whose Facebook posts helped fuel the revolution also were among those electing a 217-seat assembly that will appoint a new government and then write a new constitution.

It was the first truly free election in the history of Tunisia, which was under the control of President Zine El-Abidine Ben Ali for 23 years. Ben Ali was overthrown Jan. 14 by a month-long uprising, sparked by a fruit vendor who set himself on fire in protest of police harassment, then stirred by anger over unemployment, corruption and repression.

THE ASSOCIATED PRESS



► An unidentified Tunisian woman shows ink on her finger after voting in the al-Aouina suburb, north of Tunis.

ELECTIONS AROUND THE WORLD YESTERDAY

Argentina: Argentine President Cristina Fernandez was re-elected in a landslide, as voters were mobilized by popular programs that spread the wealth of a booming

economy.

Switzerland: Swiss voters backed moderate forces in a general election in which nationalists failed in their effort to break through the 30 per cent

barrier with a campaign heavy on anti-immigrant sentiment.

Bulgaria: Bulgaria's presidential election will go to a runoff because none of the candidates garnered

more than 50 per cent of the vote, according to an exit poll.

Bulgaria's economic woes have been the key campaign issue.

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Jobs accuses Google of theft from iPhone

► Could Steve Jobs' biography damage the search leader's reputation and the prospects of its Android software?

Google can only hope that Steve Jobs' final vendetta doesn't haunt the Internet search leader from his grave.

The depths of Jobs' antipathy toward Google leaps out of Walter Isaacson's authorized biography of Apple's co-founder. The book goes on sale today, less than three weeks after Jobs' long battle with pancreatic cancer culminated in his Oct. 5 death.

The biography drips with Jobs' vitriol as he discusses his belief that Google stole from Apple's iPhone to build many of the features in Google's Android software for rival

phones.

The perceived theft represented an unforgivable act of betrayal to Jobs, who had been a mentor to Google co-founders Larry Page and Sergey Brin and had welcomed Google's CEO at the time, Eric Schmidt, to be on Apple's board.

Jobs retaliated with a profane manifesto during a 2010 conversation with his

SIMON & SCHUSTER/AP PHOTO



chosen biographer.

"I'm going to destroy Android because it's a stolen product. I'm willing to go to thermonuclear war on this. They are scared to death because they know they are guilty," Jobs told Isaacson.

It suggests that Apple may try to derail Android in court, even if Google obtains more patent protection through its proposed \$12.5-billion acquisition of Motorola Mobility Inc.

It's also possible that Jobs' criticisms may be seen as hypocritical. The Mac's easy-to-use interface and its mouse controller, for instance, came out of Xerox Corp. **THE ASSOCIATED PRESS**



Masked. Protest

► A mask depicting German Chancellor Angela Merkel is taped to a fence during a demonstration outside an EU summit in Brussels yesterday.

VIRGINIA MAYO/THE ASSOCIATED PRESS

Decision on Greek debt delayed





Greek Prime Minister George Papandreou is pleading with European leaders in Brussels to act decisively to solve the continent's debt crisis. At a summit yesterday, leaders were expected to ask banks to accept huge losses on Greek bonds to ease pressure on the country, and to raise billions more in capital to weather those losses. But leaders said they're not ready to unveil the grand plan that's been promised.

EU criticism of oilsands challenged

Canada's Natural Resources Minister Joe Oliver is challenging the European Union over its proposal to discriminate against crude from the Alberta oilsands.

The proposal stems

Market moment

TSX	Dollar	Oil	Natural gas
			
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from complaints that the oilsands have a greater greenhouse gas footprint than conventional production. Oliver says Canada is

open about greenhouse gas production, while other countries hide or fudge their data.

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URBAN COMPASS

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The good news is we won. The better news is that we won fair and square. The best news would be for the process by which Halifax's Irving shipyard last week won a \$25-billion federal shipbuilding contract-for-a-generation to become the new norm. But that last, of course, is least likely. That's because the shipbuilding contract was that rare special case in which the always-tempting opportunity to claim credit smacked up against the even more critical need to deflect blame.

Usually, when politicians dole out big-ticket largesse, they either try to spread the wealth around so every no-name MP of the right political persuasion from every unlikely constituency — "Calgary sure is a

"So Harper shut out the lobbyists and muzzled the partisans. It's no surprise he benched Nova Scotia's 'Patronage Pete' MacKay, and no surprise either that MacKay lashed out at the provincial NDP for claiming the (equally undeserved) credit he wanted all for himself."

fine place to build a destroyer" — gets their own say-cheese moment ... or they simply plunk all the cash where they think it will win them the most votes.

Sometimes, such cynical schemes backfire. Spectacularly.

In 1986, for example, Brian Mulroney's government awarded a maintenance contract for its CF-18 fighter jet fleet to a Quebec firm instead of rewarding a clearly better bid from Winnipeg. Western anger over that slight helped spawn the Reform party ... and we know where that led.

The current Reform ... er, Conservative, government certainly didn't want this contract to go CF-18 on them, especially given competing bids from both

coasts and Quebec. But the Tories — to their credit — also wanted to use this once-in-a-generation contract to create more-than-a-generation centres of shipbuilding excellence in Canada.

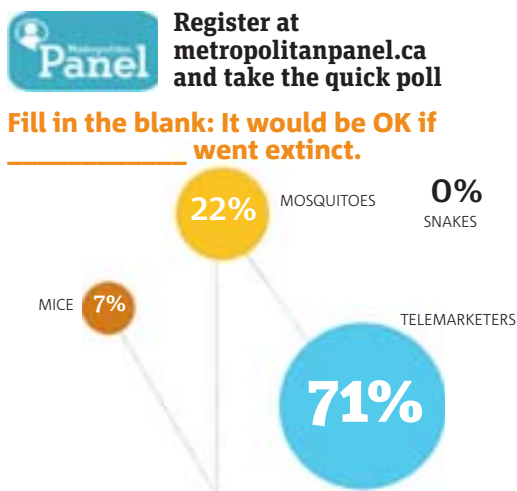
So Harper shut out the lobbyists and muzzled the partisans. It's no surprise he benched Nova Scotia's "Patronage Pete" MacKay, and no surprise either that MacKay lashed out at the provincial NDP for claiming the (equally undeserved) credit he wanted all for himself.

Instead, Harper turned the process over to senior civil servants and a private sector "fairness monitor."

By all accounts, the process worked — so well, in fact, that Canadians are asking why not use the same process for other big contracts, like Harper's recent sketchy \$9-billion, no-tender fighter-jet deal?

And why not extend this fairness idea to provincial, even municipal contracts?

Uh, right.... This is Canada. Pity.



Worth Mentioning

One of Henrik Holgersson's friends laughed in his face when he told him he was going to spend the better part of 2011 as a stay-at-home dad.

"What kind of a man are you?" the friend asked Holgersson, who works for an event-management company.

Holgersson took out 240 days of parental leave paid for by the government while his girlfriend, Jenny Karlsson, went back to her job as a real estate agent, after eight months at home with their son Arvid.

"To take care of Arvid is a real fatherly thing to do. I think that's very masculine," said Holgersson, 34.

Holgersson's experience isn't unusual in Sweden, largely because the government encourages dads to stay at home with their newborn through a parental-leave policy that is among the most generous in the world.

While more than a dozen countries now offer paid paternity leave, usually for a couple of weeks, Sweden subsidizes such leave for up to 14 months.

THE ASSOCIATED PRESS

Local tweets



► **@Gregor_Ash:** Ahhh, Spring in Halifax. Next best thing to Fall in #Halifax.

► **@MeganLeslieMP:** Been sick in bed all day. How was @BrianTopp's visit to #Halifax? Any reports? #ndpldr

► **@AmeliaEmilyS:** Apparently, the Pogue bouncers find that a student ID with d.o.b AND photo is not enough to count as a 2nd piece of ID. #Ridiculous #Halifax

► **@kitty_03:** Is Sunday morning construction really necessary? #Halifax #TeamNoSleep

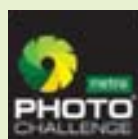
► **@Live105Loud:** *Rubs sleep from eyes* Who else had an awesome last night of the Halifax Pop Explosion? - Neil #HPX

► **@garyakmoore:** Goodbye Halifax and thank you @HalifaxPopX for being a fantastic host! Canada is where the best music is happening and HPX was proof of that

► **@evilpez4:** Ah Brunch, appeasing both the lazy and the impatient since 1896. #Halifax #Dartmouth

► **@Rootesy:** Starting to feel normal again after last night....totally worth it tho....funny night!! #Halifax

photo of the day



► This photo, titled Look Mom, I can Fly, was submitted to the Moment of my Life category by Paddi Towne Stadler from Leduc, Alta.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotchallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Identical twins give birth on same day

Two identical twins in Indiana now have another birthday in common: They delivered babies on the same day at the same hospital.

The Herald-Times reports 21-year-old Jessica and Jennifer Patterson gave birth Wednesday at Indiana University Health Bloomington Hospital.

Jennifer Patterson gave birth first to a girl, Adalynn Rose Patterson, who was born with a collapsed lung but is now doing fine.

Eight and half hours later, Jessica Patterson gave birth to a boy, Mason Douglas Patterson, by Cesarean section.

Jennifer Patterson calls the same-day births "kind of cool."

Both women live in the tiny Lawrence County town of Judah.

Hospital spokeswoman Amanda Roach says no one can recall the last time identical twins delivered babies at the hospital on the same day.

THE ASSOCIATED PRESS

Osbourne's alright

► New documentary put together by Ozzy's son Jack details rocker's journey to sobriety

Jack Osbourne says he doesn't worry anymore about the well-being of his dad, heavy metal megastar Ozzy Osbourne.

"Motorbikes can't kill him, drugs can't kill him," he mused in a recent phone interview from his parents' California house.

"He's one of these guys where he's going to be, like, 900 years old still complaining about everything and laughing. We joke that he's going to outlive me."

The British rocker's astounding ability to endure decades of hard partying, reckless stunts and heavy drug and alcohol abuse is one of the main themes of *God Bless Ozzy Osbourne*, which will screen at participating Cineplex Entertainment theatres in Canada on Oct. 26 at 7 p.m. ET.

"There's only a handful of people that have done what he's done and lived to tell the tale," said Osbourne, 25, who produced the documentary.

The film opens with shots of a 60-year-old, long-haired Osbourne — clad in all black and purple-tinted glasses — in his dressing room jumping rope, riding a stationary bike and doing stretches as part of his pre-concert warm-up routine.

As we soon learn, the so-called Prince of Darkness is now more than five years sober — the longest stretch he's spent in recovery.

Gone are the days when he was so high or intoxicated he'd bite the heads off



► In *God Bless Ozzy Osbourne*, his children admit he wasn't always the greatest father.

winged creatures, trash hotel rooms or have legions of TV viewers laughing at his incomprehensible speech and hunchbacked-shuffle walk on *The Osbournes*.

"One of the key points that I wanted to put across for this film is that he's not this fumbling kind of stuttering, quirky guy," said Osbourne, who recently revealed he's expecting a child with his fiancée, Lisa Stelly.

"He's really quite astute and he's switched on and he's far from absent-minded."

Osbourne, who's appeared on various TV series, said a colleague encouraged him to do the project about four

years ago.

When his parents gave the OK, he bought cameras, found a co-producer and hired director Mike Fleiss, who is executive producer of *The Bachelor*.

The filmmakers also use archive footage to detail Osbourne's life, from his poverty-stricken childhood in Birmingham, England to his drug-addled days with Black Sabbath and his time on *The Osbournes* TV reality series, when his alcoholism was at its peak.

Sabbath members say they used to order "cereal boxes" of cocaine to the house and Osbourne — a long-haired prankster who wore heavy, black eye liner and fake fangs onstage —

would drink and do drugs until he passed out. His alcoholism became worse when his dad died and Sabbath famously fired him.

Osbourne, of course, eventually bounced back with a new band managed by his wife, Sharon. But his addiction issues plagued him, and his children — Louis and Jessica from his first marriage; and Kelly, Jack and Aimee from his marriage to Sharon — admit in the doc that he wasn't always a great father.

After about a dozen times in rehab, Osbourne — as he explains in the film — finally got the motivation to get sober for good over five years ago, when son Jack recovered from his

God Bless

Ozzy Osbourne

► Documentary will screen at participating Cineplex Entertainment theatres in Canada on Wednesday at 7 p.m. ET.

addiction issues.

"I struggled with it because I don't want to take credit for what my dad had done," said Osbourne.

"He's the one who got sober — I just yelled at him — so I always feel awkward when people go, 'Oh, you helped.' I go, 'No, I didn't. I just had an argument and he kind of lifted himself from it.'"

As we see in the doc, one of Osbourne's biggest goals when he got sober was to get a driver's licence — something his addiction issues prevented him from doing until now.

"I actually sat outside on the porch looking at his Ferrari Italia, which is, I think, the most amusing thing to me about it," said Osbourne.

"He has not driven me yet, which is really strange, probably because whenever I turn up he's like, 'You drive.'"

"Even though he's got his licence and he's really stoked about it, I don't think he likes driving."

God Bless Ozzy Osbourne premiered in the spring at the Tribeca Film Festival.

THE CANADIAN PRESS

2

scene

Box office



Paranormal Activity 3 didn't just go bump in the night. It made a ton of noise at the box office with a huge, \$54 million opening. The third film in Paramount's low-budget horror franchise was No. 1 at the box office, according to Sunday studio estimates. Part two also debuted in the top spot a year ago.

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Oprah meditates with women in Iowa, talks about her spiritual journey

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A Johnny, Hunter 'love affair'

► Johnny Depp reveals the bizarre details of his unique friendship with the late writer Hunter S. Thompson

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METRO WORLD NEWS IN HOLLYWOOD

Johnny Depp has been working to bring Hunter S.

Thompson's the Rum Diary to the screen since shortly after the two of them discovered the manuscript for the book in Thompson's attic.

With the film finally hitting theatres, Depp shares with Metro, in his own words, some of his memories of his close friendship with the late author.

Meeting Hunter for the first time

It was around Christmas time of 1994. I was in Aspen, and this friend of mine said, 'You should come to the Woody Creek Tavern. I'll have Hunter come down if you want to meet him.'

Somewhere around midnight the front door opened and all I could see initially were sparks — just sparks shooting everywhere, and then people jumping for cover.

You could hear this sort of muffled, 'Out of my way, you bastards!' The sea parted, and the sparks stopped and he arrived right in front of me, and then this southern gentleman came over and said, 'My name's Hunter, how do you do?'

And that was it. From that second on, if we were apart we were on the phone constantly. It was a love affair, a major love affair that hung around until he made his exit."

On the road with Hunter

We were on a book tour, and he wanted me to go on the road with him as his road manager and as his head of security.

He would refer to me as Ray, his head of security. So he'd say, 'I'd like you to meet Ray, my head of security.' And they were like, 'That's Johnny Depp.' And he'd go, 'No! His name is Ray.' And he just stayed with that.

We ended up in San Francisco because his back went out on him on the



► The Rum Diary marks Depp's second on-screen appearance as an alter ego of Hunter S. Thompson.

tour. So I was essentially locked in a hotel room with him, in a suite with Hunter — just me and him for five straight days. And so all the stuff you read about in Fear and Loathing with the grapefruits and saving the shrimp cocktails, all that stuff? All true.

Learning of Hunter's suicide

I was here, in Los Angeles. If you knew Hunter — if you really spent time with him and you knew how he negotiated life and dictated the way he was going to live his life — you knew he wasn't going to be the guy who just sort of slipped off the chair and went away.

You knew it was going to be self-inflicted. I wasn't particularly shocked, because you knew it would happen one day.

But then you start cursing the bastard, thinking, Come on, man. One last phone call? Maybe some

hideous practical joke before you do it? But he did actually ultimately have the best practical joke of all, because his last wish was to be blown out of a giant cannon in his back yard.

Now, there are no giant cannons of that size. He wanted 150 feet of cannon, and then I found out that the Statue of Liberty was 151 feet tall, and I thought he'd really hate me if it were any smaller than the Statue of Liberty.

So we changed the plans and we built it up to 153 feet tall. We broke the records then. The great joke is that we were all forced to focus on something else as opposed to focusing on the loss of a great, great friend.

Now it was a question of how do we shoot the bastard into the stratosphere legally and get away with it?

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He's no Simon Cowell

► L.A. Reid says he's learning from fellow X Factor judge and creator, but he has 'very different taste than Simon' ► Going to bat for troubled contestant



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Grammy-winning record executive/songwriter L.A. Reid admits to being a little out of his comfort zone when it comes to television.

"This is, for me, sort of my first at-bat — my first barbecue," says Reid of his experience as a judge alongside high-profile TV personalities like Simon Cowell and Paula Abdul on TV's The X Factor.

"I'm here to learn and watch and see exactly what Simon does."

Who's in?

► The X Factor returns tomorrow with a special two-and-a-half hour live show at 8 p.m. on CTV.

But it's not like Reid has been content to sit quietly in the critical shadows as the music competition has narrowed its competitive field to a final 17.

Reid says that while he respects show creator Cowell, he doesn't always agree with his talent assessments.

"I have very different taste than Simon. So I may have made very different choices. But no names," he laughs.

Reid — a founder of LaFace Records who has worked with the likes of Mariah Carey, Justin Bieber, Usher and Kanye West — says he isn't even aware of the show's always-present cameras during taping.

Among The X Factor's final 17, a lot of attention has been focused on Chris Rene, a singer who admit-

ted to a recent drug addiction. Reid, who personally chose Rene for the final 17, sees a lot of potential in the troubled contestant.

"Chris is going to

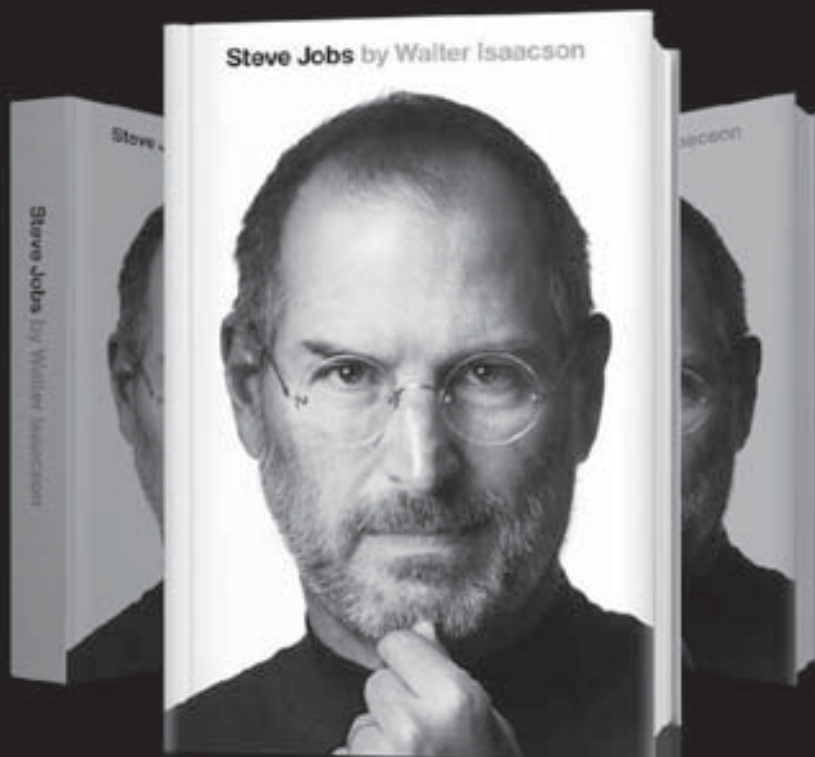
emerge as an amazing star," he says. "Chris gave us his word that he will stay straight. I'm going to take him at his word. I have faith in Chris."



► L.A. Reid

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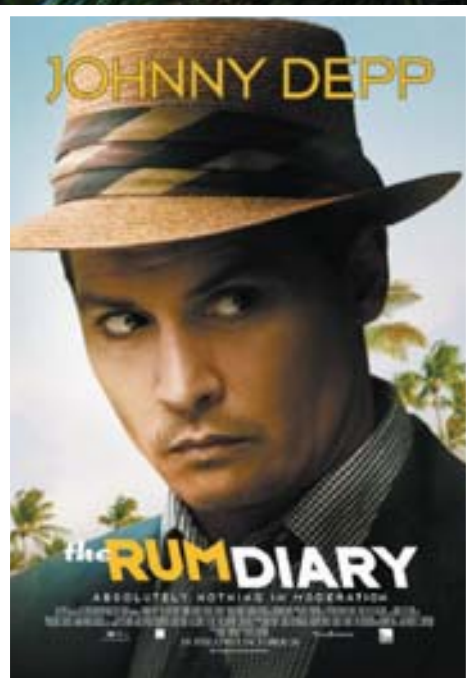
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IN THEATRES OCTOBER 28TH



Tintin comes home

Tintin came home to Belgium on Saturday for the world premiere of Steven Spielberg's *The Adventures of Tintin: Secret of the Unicorn*.

The movie is rolling out first across Europe and elsewhere before hitting the United States by the Christ-

mas movie season.

"To highjack Tintin and bring it to America first, and then release it overseas second, would be something that would not have even occurred to us," Spielberg said. "From the outset, the plan was to give Tintin back to the countries

where Tintin was the most beloved."

The director has been riding a wave of support from local critics despite opening in a tradition-bound nation ready to pounce on any desecration of its cultural icon.

THE ASSOCIATED PRESS



► Actor Jamie Bell plays Tintin

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Line-up subject to change.



HAHAHA.COM/COMEDYTUR

THIS WEEKEND IN
LOHAN'S WORLD

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

This hurts us more than it hurts you, but

as a gossip column, we are obligated to dedicate this space to Lindsay Lohan and her adventures in community service over the weekend. (Don't like it? Get us a pic of Bradley Cooper and Jennifer Lopez together, and maybe we can talk.)

Here's the good news: Not only did Lindsay show up at the morgue, but she was sociable and cleaned floors on her hands and knees, reports TMZ. And although the L.A. County Coroner rejected her peace offering (and/or bribe) of cupcakes and burgers, we thought the delivery was a



▶ Lindsay Lohan

nice gesture. Now, for the bad news: Dina Lohan is reportedly shopping around a tell-all book about her daughter's struggles with addiction, and father Michael Lohan gladly took the opportunity to complain about them both in a lengthy, unhinged rant to RadarOnline in which he compared himself to an archangel. In other words? This chick is going to be headlining every gossip column for the next 20 years, and we collectively owe her apology cupcakes.

THE WORD WAS WRITTEN BY MONICA WEYMOUTH THIS WEEK.

B.Co makes some
headway with J.Lo

▶ Bradley has been calling Jennifer, like, a lot ▶ Recently single singer is apparently liking the attention

Bradley Cooper has reportedly been going to great lengths to woo Jennifer Lopez now that she's split from husband Marc Anthony, according to Us Weekly.

Cooper "has been after Jennifer, calling her, for ages," a source says, adding that Lopez "has

been trying to concentrate on her kids and work. But Bradley has been especially eager."

It's apparently working, as Lopez has decided to "let him in," the source says. "She likes the thrill and the fact that Bradley has been pursuing her."

● METRO



▶ Bradley Cooper



▶ Jennifer Lopez

ALL PHOTOS GETTY IMAGES

BUT THEY WERE
ON A BREAK!

The Black Eyed Peas aren't calling it quits as some ru-

mours suggested, but Fergie does admit the group is on hiatus. "A break is not a breakup — you gotta watch Friends," the queen Pea told TMZ cameras. We somehow

doubt William is well-versed in the Ross and Rachel saga, so we'll spell it out for him: It's a trap, and we bet Fergie would look behind that door.



▶ The Black Eyed Peas

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3
life

A new study



TORSTAR

A new study by Dr. De-Kun Li of Kaiser Permanente in California, suggests high blood pressure during early pregnancy is what raises the risk of major birth defects — not the medicines used to control the condition, as previously thought.

For years, women were warned to avoid drugs called ACE inhibitors during later stages of pregnancy to avoid the possibility of birth defects.

THE ASSOCIATED PRESS



Owners love to dress dogs up for Halloween. But how do dogs feel about it?



THINKSTOCK.COM

► "After a year, babies will only need help with foods like yogurt," says Dr. Rana Conway, author of Weaning Made Easy.

The great spoon-fed vs. baby-led weaning debate

► Once you master milk-feeding your infant, it's time to think about solids ► Parents often choose between spoon-fed and 'baby-led' weaning methods ► Consider this: combine both



EMMA E. FORREST
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METRO WORLD NEWS

With your first-born, it feels like every time you think you've mastered one baby-rearing challenge, you're set with the next. Just when you've stopped fretting about how much milk your growing infant is drinking, you're faced with anxieties about when to start feeding her solids,

whether the meal is nutritious enough and if she's going to actually eat it.

There are two major approaches to weaning: the traditional spoon-fed method (where the parent is in control), and the modern 'baby-led' weaning (where the baby learns to feed him or herself).

"With first babies, moms often lack the confidence to combine the two methods," says Dr. Rana Conway, author of Wean-

ing Made Easy.

There are advantages to both. Spoon-feeding allows parents to control how much their baby eats and mix new flavours in with favourites. Knowing that dinner is going to end up in your baby's belly rather than the floor is reassuring for parents whose sanity depends on regular nap, feed- and bed-times.

Meanwhile, baby-led weaning is convenient for parents who don't have

time to prepare separate meals and there's no danger of overfeeding (although it can be messier than spoon-feeding).

"The advantage is that families can eat together and all have the same meals, so babies get used to eating the food you do," says Conway.

Combining methods is easy, says Conway. "The balance between spoon-feeding and self-feeding ... changes over time," she

says. "Most babies need spoon-feeding to start, but it's also vital to give them something to try to eat with their fingers. This means they'll be getting nutrients they need, but they can also learn about real food," Conway says. "After a few months, self-feeding takes off and by a year most babies will only need help with foods like yogurt. It's about taking a balanced approach and seeing what works."



Rick Howe
Weekdays
3 pm - 7 pm

They beg to differ.

News 95.7

ALL NEWS RADIO



Jordi Morgan
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Rose Reisman's Swap It

A Whopper Jr. may sound innocent due to the word "junior" but paired with deep-fried mozzarella sticks it's anything but — especially for your child.



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Shepherd's Pie goes sweet

► This version replaces regular potatoes with sweet potatoes and cheese

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONews.ca



This twist on Shepherd's Pie offers a colourful and tasty meal-time solution. Sweet potatoes and cheese are used in the topping instead of the mashed potatoes.

Preparation:

1 Cook sweet potatoes in boiling water until ten-

der, 15 mins. Drain, mash with cheddar cheese, milk, salt and pepper.

2 Filling: In frying pan, sauté beef over medium-high heat for 10 mins. or until no longer pink. Drain off fat. Add carrots, zucchini, corn, onion and garlic; cook for 5 mins. or until vegetables are softened.

3 In bowl, mix thyme, oregano, mustard and flour; stir into pan along with milk, salt and pepper. Cook for 2 mins. or until slightly thickened. Transfer to two 2 L (8-inch) square baking

Sweet Potato Shepherd's Pie



► This recipe serves eight.

dishes; top each with half of the potato mix.

4 Bake in a 190 C (375 F) oven for 20 minutes or until topping is browned. EMILY RICHARDS

IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA/ THE CANADIAN PRESS / FOODLAND ONTARIO

Ingredients:

- 2 kg (4 lb) sweet potatoes, peeled and cubed
- 375 ml (1 1/2 cups) shredded old cheddar cheese
- 125 ml (1/2 cup) milk
- Salt and pepper, to taste

Filling

- 1 kg (2 lb) ground beef
- 500 ml (2 cups) each shredded carrots, zucchini
- 375 ml (1 1/2 cups) corn kernels
- 175 ml (3/4 cup) minced onion (about 1 onion)
- 2 cloves garlic, minced
- 15 ml (1 tbsp) each dried thyme, oregano, mustard
- 15 ml (1 tbsp) flour
- 250 ml (1 cup) milk
- Pinch salt and pepper

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Green glass equals big biz

► A new container designed for storing beer, wine and liquor bottles gets financial backing from Dragons' Den



BEN KNIGHT
LIFE@METRONEWS.CA

Glass recycling is simple, right? You put your bottles in the bin, and set the bin out on the curb.

But did you know that if the glass breaks, and different colours of glass mingle, your bottles cannot be recycled — and millions end up in a landfill?

Sustain It Inc., a clever company from Aurora, Ont., just got a major investment on CBC Television's hit show Dragons' Den with a new bottle carrier specifically designed to solve this problem.

"It's called Bottle Bin," says Chris Williams, director of sales for Sustain It. "It's a reusable container



► Glass bottles are great to recycle — but separating by colour is a key way to keep them out of landfill.

for your wine, liquor and beer bottles. When the bin is full, it's an easy and convenient way to bring those empty containers back and collect your refund."

The bin holds 18 standard wine bottles, or 24

empty beer bottles. It's easy to carry, and guarantees that all your glass gets properly recycled.

"It was specifically made for wine bottles originally, and then when you do the sheer math of the volume

of how much beer we drink in Canada, we changed the design to be able to accommodate beer bottles as well.

"Beer is such a massive volume. The LCBO in Ontario sells 50-million six-packs a year. And six-packs are difficult to return."

Bottle Bin touched off a bidding frenzy on Dragons' Den earlier this month, with all five Dragons making offers.

Boston Pizza owner Jim Treliving won the day — and 20 per cent of the company — with an investment of \$150,000.

"The Dragons' Den effect is outstanding," Williams says. "Our office absolutely exploded. Different people who want to

manufacture and distribute it right across the country."

The bins will be available at Home Hardware stores across Canada in November, retailing for between \$11 to \$13. The Beer Store in Ontario is selling them now for \$9.99.

"The more people that recognize they may have a problem with their empties, or may have a bit of a struggle with returning their empties, and seeing there's this new bin to help them do it, it really helps our cause," concludes Williams.

"Returning your empty wine, liquor and beer bottles is a great way people can help the environment."

For more info, visit bringyourbottlesback.com.

Glass facts:

- Over a ton of natural resources are saved for every ton of glass recycled.
- Recycling just one glass bottle saves enough energy to light a 100-watt light bulb for four hours.
- A glass container can go from a recycling bin to a store shelf in as little as 30 days.



HANDOUT PHOTO

THE GOOD, BAD AND UGLY OF SILICONE

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



It's hard to say if there's a dark side to these brightly coloured cookie sheets and spatulas.

You won't dig up a lot of safety information about silicone ... yet.

Health Canada says,

Is silicone bakeware eco-friendly and safe? Rebecca, Calgary

"Silicone rubber does not react with food or beverages, or produce any hazardous fumes."

But Health Canada also stands by the rationale that the fact that lab rats exposed to perfluorooctanoic acid (PFOA) were likely to get cancer doesn't mean non-stick products necessarily cause cancer in humans.

Silicone is a synthetic rubber that contains bonded silicon and oxy-

gen. It's a natural element that is abundant in sand and rock.

Silicone bakeware is known for its heat-resistant and rubber-like qualities, and is safe for the oven and freezer. It is touted as being stable or inert, not changing the flavour or releasing odours that might affect food quality.

Not only is it believed to have low toxicity and thermal stability, it's also easy to clean and is non-

stick. One safety tip I repeatedly came across is to use food-grade silicone products at recommended temperatures — about 220 degrees C or 428 degrees F.

When it comes to eco-friendliness, silicone bakeware allows you to replace disposables like paper muffin tins and parchment pa-

per.

I haven't heard of recycling depots that accept silicone products, but keep your eyes open because it doesn't biodegrade.

For now, silicone is a safer alternative to non-stick cookware treated with PFOA. I'm also a huge fan of cast iron and glass cookware and bakeware.



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Using his head in the salon biz

► As the proud owner of 106 hair and beauty salons around Canada, Ken Fisher continues to dream big

TURNING POINT

TERESA KRUIZE
LIFE@METRONWS.CA



There's a lot of buzz on the street about Chatters Hair and Beauty Salons.

"We now have 106 stores from Newfoundland to B.C.," founder Ken Fisher tells me proudly.

Growing up on a farm in Saskatchewan, Fisher was influenced by his hard-working father and inspired by his hair stylist sisters.

The early days were hard but rewarding.

"We worked 12 to 18 hour days and I travelled up to 9,000 kilometres a month visiting stores and stocking shelves at night."

Fisher says the key to any business is surrounding yourself with the right people.

His turning point came when he partnered with Jason Volk and the two pushed Chatters to the next level.

"I don't think you'll



► Ken Fisher hopes to see even more Chatters Hair and Beauty Salons open in the coming years.

ever find one individual that takes a company over the top. You need to create a great team."

As he looks at the company he created, Fisher is proud yet humbled by his success.

"Wow, 106 stores. Then I think there's potential for another 106 stores."

How's he going to accomplish his goals?

"You put your head down and go to work."

Smart advice for us all.

Stylish success

Fisher's keys to entrepreneurial success:

- Have a strong work ethic and passion.
- Everything grows and changes. If you sit still you'll get rolled over.
- Surround yourself with the right people.
- Anticipate what is coming around the corner then figure out what to do next.

Awesome job, but...

► Major stress often comes with the top-career territory

While they make for great cocktail conversation, some of the most prestigious careers aren't quite as enviable as they seem, according to a new report from job search portal CareerCast.com.

"There's a lot of perceptions out there about what a good job is, and a lot of the times the perception is wrong," says Career Cast publisher Tony Lee.

"Yes, these do pay a lot, but there are a lot of drawbacks to these jobs."

We asked Lee for some background on those that topped Career Cast's list.

► METRO WORLD NEWS



► Do you think Dr. Frasier Crane sleeps well at night?

SURGEON, PHYSICIAN, PSYCHIATRIST

Average incomes: \$365,258; \$192,065; \$160,242

- "What these all have in common is that they're responsible for people's lives. People are reliant on them, and that has always been stressful," says Lee. "But more recently, with government regulations and more paperwork, it's just not the case anymore that you can play golf on Wednesdays and pay back your loans."



► Sure Don Draper appears untouchable, but work pressure leaves his home life in shambles.

SENIOR CORPORATE EXECUTIVE

Average income: \$160,141

- While some high-ranking execs are undoubtedly dismissive of the Occupy gang, others are feeling the heat — albeit in swanky corner offices. "Senior corporate executives are under extreme pressure right now. You have falling profits, you have shareholder pressure," says Lee. "You look at the protests and you think, 'These people don't care.' But a lot of them do care — they don't want to do layoffs, and they're working more hours than ever."



► New series Pan Am depicts sky service as glamorous but these days it's not always the case.

COMMERCIAL AIRLINE PILOT, FLIGHT ATTENDANT

Average incomes: \$106,153; \$40,184

- As fuel prices rise and airlines cut back on staff, passengers aren't the only ones who are less comfortable. "The reality is the hours are at their highest that they've ever been, you have less control over your days and pay has not risen," says Lee. Something to keep in mind when you're watching Pan Am — or getting ready to grumble about the skimpy bag of pretzels on your next flight.

It ain't so bad

Is your job underrated?

- Last month, Career Cast looked at the most underrated jobs.

"The compensation is good, the hiring outlook is great, you're not responsible for many people and they pay well," says Lee of the jobs that made this more optimistic list.

- Paralegal/legal assistant
- Accountant
- Loan officer
- Software engineer
- Computer systems analyst
- Insurance agent
- Dietician
- Dental hygienist

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4
sports

More sports

Justine Colley

The East Preston native had 16 points as Canada beat Jamaica 96-29 at the Pan American Games in Guadalajara, Mexico, last night. Colley, a point guard who plays for the Saint Mary's Huskies, is a key player for Canada, which is off to a 1-2 start in preliminary play. ● METRO



Blake Nill

The former Saint Mary's Huskies head football coach, now with the Calgary Dinos, has won his 100th career game at the Canadian Interuniversity Sport level. Nill, who won two Vanier Cups with the Huskies, guided the Dinos to a 41-21 win over the Manitoba Bisons on Saturday. "Just another stressful afternoon," Nill told the Calgary Herald.

● METRO

Moose get 'boost' from weekend test

The Halifax Mooseheads' disappointment didn't last long.

Fresh off a 5-0 loss to the Memorial Cup champion Saint John Sea Dogs on Friday, the Mooseheads bounced back on Saturday by beating the nationally-sixth-ranked Quebec Remparts 4-3 in an exciting

overtime thriller at the Metro Centre.

It was a big win for a young team hoping to show how far it has come in its rebuilding effort.

"It was pretty cool, especially after a bad loss," said Mooseheads rookie Nathan MacKinnon. "We wanted to prove that that's not the

kind of team we are and I thought we did that."

MacKinnon, a top prospect for the 2013 NHL draft, went head-to-head with 2012 hopeful Mikhail Grigorenko on Saturday and more than held his own. He played a part in every goal scored, finishing with a goal and three as-

sists.

Alexandre Grenier, who Quebec traded to Halifax in June, scored twice against his former team, including the overtime winner with 56.1 seconds left.

"We wanted to prove we could beat any team in this league and we did tonight," said Mooseheads rookie

goalie Zach Fucale, who made 26 saves for the win.

"It's a big boost in our confidence."

The Mooseheads, 9-5 and winners of six of their past seven, are on the road this week starting on Wednesday against the Blainville-Boisbriand Armada.

● MATTHEW WUEST

So far, so good for Rainmen

► Halifax club goes 2-0 over weekend to start first NBL pre-season



MATTHEW WUEST
@METRONEWS.CA

Halifax is off and running in the new National Basketball League of Canada.

The Rainmen earned a weekend sweep of the Summerside (P.E.I.) Storm, following up Friday's 100-96 road win with a 93-77 blowout yesterday at the Metro Centre before a franchise record crowd of 8,422.

"Feels good," said Rainmen guard Rodney Buford, who piled up a team-high 40 points over the weekend. "First time we've played five-on-five. Since camp started, all we've been doing is four-on-four, but it's good to get out here, play with the team and play against other guys."

The Rainmen were all over the Storm yesterday, mounting a 26-11 first-quarter lead and a 23-point cushion at the half.

Buford, who is seven years removed from a 230-game NBA career, showed off his big-league skills dropping three three-point-

Points leaders

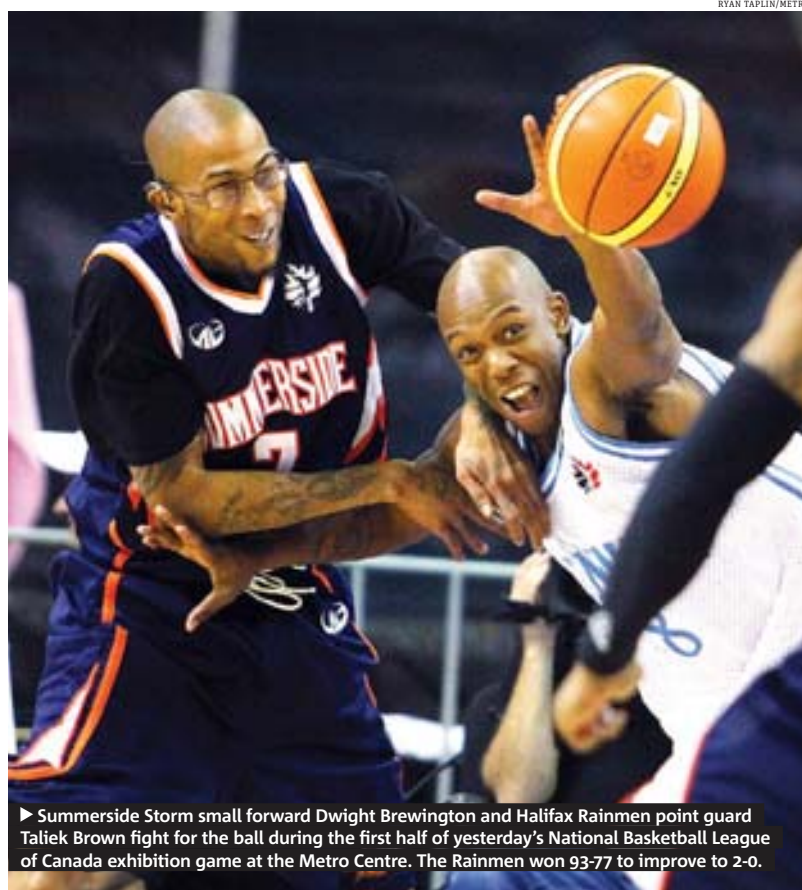
- Rodney Buford 40
- Taliek Brown 34
- Shawn Hawkins 25
- Lawrence Wright 19
- Abdullahi Kuso 17

ers among his 17 points.

"I like this arena — we fed off the energy of the crowd," Buford said. "Hopefully we can get some more wins and some more big crowds like this."

Halifax's Christian (T-Bear) Upshaw made his home debut for the Rainmen, collecting five points and two assists in 17 minutes. He was the man of the hour in the post-game autograph session, signing everything from backpacks to T-shirts to sneakers.

"I loved it," said the former St. Francis Xavier X-Men star after taking care of a long lineup of fawning fans. "This is great basketball, very intense, lots of crowd support.... It feels good to be home, back on the court again."



► Summerside Storm small forward Dwight Brewington and Halifax Rainmen point guard Taliek Brown fight for the ball during the first half of yesterday's National Basketball League of Canada exhibition game at the Metro Centre. The Rainmen won 93-77 to improve to 2-0.

Saint Mary's miss No. 1 spot

The Saint Mary's Huskies will have to take the long way if they are to win their fifth straight Atlantic University Sport football championship.

The Huskies failed to clinch first overall and a bye to the conference championship when they lost 41-28 to the Acadia Axemen in Wolfville on Saturday. The Axemen, 6-1, await the winner of the Huskies' semifinal

matchup against the St. Francis Xavier X-Men on Nov. 5.

Acadia's passing game torched Saint Mary's, with quarterback Kyle Graves piling up 321 yards and connecting with receiver Michael Squires of Halifax for four touchdowns.

The Huskies have a 5-2 mark heading into their regular season finale against Mount Allison.

● METRO

Sports in brief

Huskies earn weekend split

AUS HOCKEY. The Saint Mary's Huskies are tied for sixth overall at 1-3 after beating the UPEI Panthers 4-1 on Friday and losing 4-2 to the UNB Varsity Reds on Saturday at the Halifax Forum. They host the St. Francis Xavier X-Men on Wednesday at 7 p.m. The Dalhousie Tigers

split their two weekend road games and are tied for fourth at 2-2. ● METRO

Tigers, Huskies playoff-bound

AUS SOCCER. The Dalhousie Tigers (8-2-1) and Saint Mary's Huskies (8-1-1) clinched Atlantic University Sport women's soccer playoff spots on the weekend. Both teams went 1-0-1, including a head-to-head scoreless tie at Wickwire Field on Friday. ● METRO

Carabins cleared

The Huskies had been hoping for a forfeit win over the Montreal Carabins due to a ruling that the Carabins used an ineligible player on Sept. 17. The Carabins, who beat the Huskies 11-10 that game, had the ruling overturned on Friday on their second appeal.

Rangers recover to knot Series



► The Rangers celebrate Mike Napoli's three-run home run in the sixth inning last night.

► After being humbled in a 16-7 Game 3 loss, Texas shuts out St. Louis to tie Fall Classic 2-2

Derek Holland allowed two hits over 8 ½ innings, leading the Texas Rangers to a 4-0 victory over the St. Louis Cardinals last night that evened the World Series at two games apiece.

Hobbled Josh Hamilton put Texas ahead with an RBI double in the first inning. Then Mike Napoli broke it open with a three-run homer in the sixth on the first pitch from reliever Mitchell Boggs, who came in after loser Edwin Jackson walked his seventh batter.

Holland walked Rafael Furcal with one out in the ninth, and Neftali Feliz got two outs, including Albert Pujols with two runners on.

Game 5 is tonight at Rangers Ballpark in Arling-

4	0
RANGERS	CARDINALS

ton, Texas, a rematch of Game 1, when Cardinals ace Chris Carpenter topped C.J. Wilson.

Holland, 2-0 in 10 career post-season appearances, allowed only four baserunners while striking out seven St. Louis batters.

THE ASSOCIATED PRESS

Falcons take flight vs. faltering Lions

23	16
FALCONS	LIONS

The Falcons might've found their groove in Motown.

Matt Ryan ran and threw for touchdowns to give Atlanta a double-digit lead in the first half, and the Falcons held on to win 23-16 in Detroit yesterday.

The defending NFC South champion-Falcons (4-3) won consecutive games for the first time this season because they finally played well in all three phases on the same day.

"Good teams go on streaks," Atlanta coach Mike Smith said. "You can't just keep yo-yoing up and down."

The Lions (5-2) have lost their lustre with two straight losses — both at

Around the NFL

Other results from yesterday:

► Aaron Rodgers kept Green Bay unbeaten with three touchdowns and 335 yards passing, holding off the plucky Christian Ponder in the rookie's first start to defeat the Minnesota Vikings 33-27.

► Drew Brees completed 31 of 35 passes for 325 yards and five touchdowns, and the New Orleans Saints set a franchise record for points and victory margin in a 62-7 demolition of the hapless Indianapolis Colts.

► The Kansas City Chiefs took advantage of rusty quarterback play from Kyle Boller and Carson Palmer to beat the Oakland Raiders 28-0.

home — after their perfect start. Their formerly fired-up fans have started to boo, moan and groan.

"We don't deserve their cheers if we're going to play like that," Lions guard Rob Sims said. "It's just

that simple."

The Lions had a chance to get Ford Field back on their side.

But on Detroit's final drive, a pass-interference penalty against Atlanta was overturned because instant replay showed defensive tackle Corey Peters had slightly grazed the ball.

"I didn't see the tip, but the guys in the booth were in my ear about it right away," Smith said. "With less than two minutes, we had to rely on the officials, but they did a great job. They didn't let the Lions snap the ball, so the replay official could get a good look, and they made the right call."

Instead of having the ball at the Falcons 26, the Lions were backed up to the 41 and Matthew Stafford threw an incomplete pass on the next play to turn it over on downs and injured his right ankle, knee — or both.

"To tell the truth I can't really tell right now," Stafford said.

THE ASSOCIATED PRESS

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Personals

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Apartments Unfurnished

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General Services

Trades

WANTED



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General Services

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TIME TO TOSS IT

Debris removal, Estate clean-ups, small demos, unit clear-outs, basements, yards and construction - call 449-0232

MISCELLANEOUS

Miscellaneous

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<p>2010 Jeep Grand Cherokee Limited 4x4 3.7L V6, Loaded, Leather Int., Sunroof, Alloys, only 43K #DA132900 \$26,995</p>	<p>2010 Dodge Challenger SRT-8 6.1L Hemi, 6 speed, LOADED, leather, 20" Alloys, Nav, only 750kms!! Ltd Edition #DC296494 \$43,977</p>
<p>2009 Hyundai Sonata 3.3L V6 Auto, Power Heated Front Seats, Keyless, Alloys, only 67K #11RC8491A \$15,995</p>	<p>2008 Chrysler 300 Touring 3.5L V6, Loaded, Leather Int., Pwr Heated Front Seats, Sunroof, Alloys, only 42K #11303447A \$17,995</p>
<p>2010 Chrysler Sebring Limited 3.5L V6 Loaded, Leather Int., Power Heated Front Seats, Sunroof, 18" Alloys, only 30K #ch184304 \$18,995</p>	<p>2009 Ford Focus SES 4 Cyl Auto, PW, PL, Keyless, Alloys, only 64K #CH236132A \$13,995</p>
<p>2008 Jeep Commander Sport 3.7L V6, Loaded, Leather Int., DVD, Sunroof, Alloys, only 74K #DC180924 \$17,995</p>	<p>2010 Dodge Caliber SXT 2.0L 4 Cyl Auto, AC, PW, PL, Keyless, only 45K #ENS96901 \$13,995</p>
<p>2010 Dodge Gr. Caravan SE PLUS 3.3L V6 PW, PL, PS, 7 pass stow n go seating, front and rear air, Alloys, only 32K #CH473264 \$20,995</p>	<p>2010 Chrysler Town & Country Touring 4.0L V6, Loaded, Front and rear air, Pwr sliding door grp, Alloys, DVD, 7 pass seating, only 31K #CH478671 \$27,995</p>

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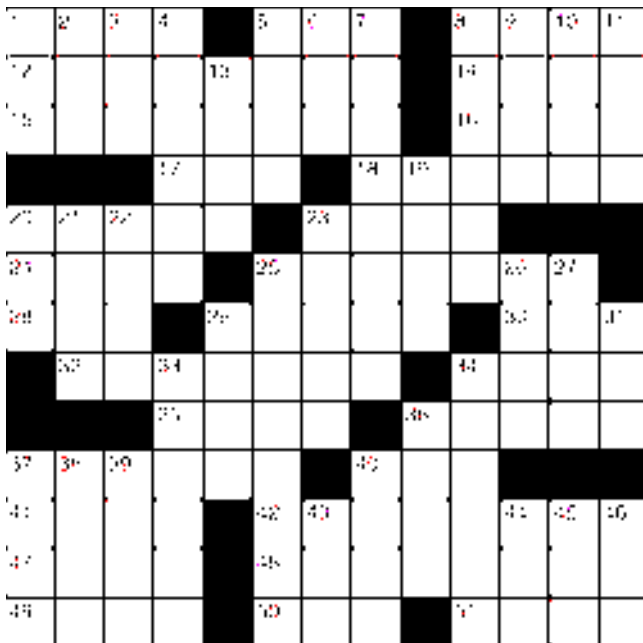
Crossword

Across

- 1 Feedbag fill
- 5 Chicken — king
- 8 Gumbo ingredient
- 12 Howls
- 14 Billy Joel's "— Always a Woman"
- 15 Severely strict
- 16 Decline, as the visible moon
- 17 Spot on a domino
- 18 Lake Victoria nation
- 20 Florida city
- 23 Succumb to gravity
- 24 Kill
- 25 Without flexibility
- 28 Peace (Lat.)
- 29 Star, for short
- 30 Conger, for one
- 32 Restored to proper condition
- 34 Ashen
- 35 Crew supply
- 36 Theater path
- 37 Tawdry (SL.)
- 40 Donkey
- 41 Warmth
- 42 Tubular pasta
- 47 Otherwise
- 48 Easy garment to put on
- 49 Run off
- 50 A billion years
- 51 Tardy

Down

- 1 "— Town"
- 2 Clay, today
- 3 Yank
- 4 Not neat

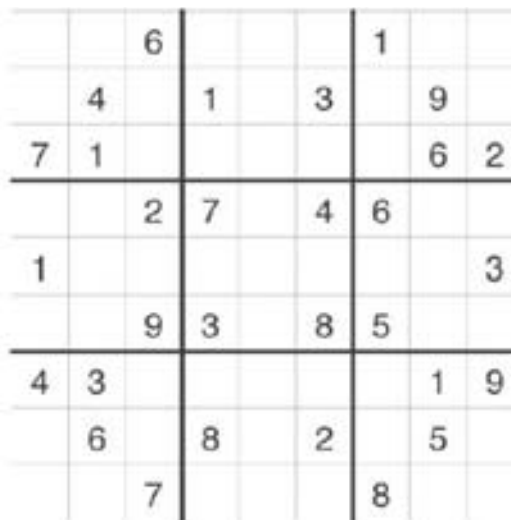


- 5 On
- 6 Romanian money
- 7 Soothed
- 8 Lee Harvey —
- 9 "Star Trek II: The Wrath of —"
- 10 Tear asunder
- 11 On the briny
- 13 Met melody
- 19 Smooth-talking
- 20 Recipe meas.
- 21 Banned apple ripener
- 22 Long skirt
- 23 Folder fodder
- 25 Bent backward
- 26 Meadows
- 27 Holler
- 29 Fellow
- 31 Shelter
- 33 Small beard
- 34 Handgun
- 36 Now, on a memo
- 37 Restaurant employee
- 38 Satan's domain
- 39 Facility
- 40 Once more, in dialect
- 43 UN workers' grp.
- 44 Eggs
- 45 Seine
- 46 Anger

► Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►

1	9	5	8	6	4	3	2	7
2	7	8	3	1	9	6	4	5
3	4	6	7	2	5	8	1	9
5	2	4	9	7	8	1	3	6
8	6	7	5	3	1	2	9	4
9	3	1	6	4	2	7	5	8
4	5	3	2	8	6	9	7	1
7	8	9	1	5	3	4	6	2
6	1	2	4	9	7	5	8	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Sunshine, You came into my life and my heart found its home. Thank you for the gift of your amazing love. I pinky swear I will never let you go too far. Happy birthday honey! Can't wait to see what's ahead for our little family <3 I love you lots, tons and forever ever.

SNOWFLAKE

My Life, Did I say "I love you"? Be happy, live life. I miss you so much. Stay strong hon, nothing to worry. Everything will be OK. Love you always n forever

YOU ARE BEAUTIFUL

My heart, you tell me im cheesy when i say i sing love songs to you. i want you to know its because they make sense to me now. love, its wonderful and i owe it all to you. cheesy, no. i say true. happy birthday Ashley Lorraine Antoine. love you always.

GAREN

Today's horoscope

♈ Aries March 21-April 20 Speak your mind and stir things up a little, both at home and at work.

♉ Taurus April 21-May 21 The more praise you get today the more careful you must be that your ego does not over inflate.

♊ Gemini May 22-June 21 What happens today will shake you up and get you moving again, and that's no bad thing.

♋ Cancer June 22-July 22 Steer clear of other people's private lives today.

♌ Leo July 23-Aug. 23 By all means question what others tell you.

♍ Virgo Aug. 24- Sept. 22 You seem to be moving in a completely different direction to everyone else, but that's okay — in fact it's good.

♎ Libra Sept. 23-Oct. 23 You will be in the spotlight often enough over the next few days, so enjoy your anonymity while you can.

♏ Scorpio Oct. 24-Nov. 22 Your ability to stay calm under pressure will win new admirers today.

♐ Sagittarius Nov. 23-Dec. 21 You will find yourself on the defensive today, and it's a situation you have brought on yourself by making claims that cannot be

For today's crossword answers and for expanded horoscopes, go to metronews.ca

backed up by facts.

♑ Capricorn Dec. 22-Jan. 20

Cause and effect always go together, so if what is going on in your life is not to your liking maybe you should ask what caused it to happen.

♒ Aquarius Jan. 21-Feb. 18

Instead of fighting the future why not aim to make it your friend?

♓ Pisces Feb. 19-March 20. You will find it easier to trust people again and the effects will be dramatic. You really have no reason to be suspicious or fearful — but you have every reason to smile.

● SALLY BROMPTON

Caption contest



CHRIS YOUNG/THE CANADIAN PRESS

MICHAEL SOHN/THE ASSOCIATED PRESS



WIN! You write it!

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